

The 5-Step Test

Name : _____

Age: _____

Have the child get ready for a “pretend” ride by sitting in the car and buckling up with the lap and shoulder belt in the back seat. Answer the following questions:

1. Is the student sitting tall so his/her whole back is touching the seatback? ___Yes ___No

Before continuing, make sure the child scoots all the way back against the vehicle seat and is sitting up straight.

2. Do the student’s knees bend comfortably at the edge of the seat? ___Yes ___No

3. Does the belt cross the shoulder between the neck and arm? ___Yes ___No

4. Is the lap belt touching the thighs (tops of the legs)? ___Yes ___No

5. Can the student sit like this on a long trip? ___Yes ___No

If the answer to any of the questions above is “no,” the student needs a booster to ride safely in this car.

Now ask the student to sit in the booster seat and buckle the lap/shoulder belt. Complete the section below.

Improvements with the student using a **booster seat** (check all that apply):

_____Knees Bent Comfortably

_____Lap Belt Fit

_____Shoulder Belt Fit

Do you already have a booster seat? _____ YES _____ NO

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