

The 5-Step Test

Name : _____

Age: _____ Weight: _____ Height: _____

Have the child get ready for a “pretend” ride by sitting in the car and buckling up with the lap and shoulder belt in the back seat. Answer the following questions:

1. Is the student sitting tall so his/her whole back is touching the seatback? ___ Yes ___ No

Before continuing, make sure the child scoots all the way back against the vehicle seat and is sitting up straight.

2. Do the student’s knees bend comfortably at the edge of the seat? ___ Yes ___ No

3. Does the belt cross the shoulder between the neck and arm? ___ Yes ___ No

4. Is the lap belt touching the thighs (tops of the legs)? ___ Yes ___ No

5. Can the student sit like this on a long trip? ___ Yes ___ No

If the answer to any of the questions above is “no,” the student needs a booster to ride safely in this car.

Now ask the student to sit in the booster seat and buckle the lap/shoulder belt. Complete the section below.

Improvements with the student using a **booster seat** (check all that apply):

_____ Knees Bent Comfortably

_____ Lap Belt Fit

_____ Shoulder Belt Fit

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